

Pure Heart, Enlightened Mind: The Life and Letters of an Irish Zen Saint

Maura O'Halloran



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Pure Heart, Enlightened Mind: The Life and Letters of an Irish Zen Saint Maura O'Halloran One of the most beloved Buddhist books of all time-having inspired popular musicians, artists, a documentary film, and countless readers-is now in an expanded, new edition, loaded with extras. Absolutely absorbing from start to finish, this is a true story you might truly fall in love with.

At only 24, Maura O'Halloran left her Irish-American family stateside and traveled to Japan, where she began studying under an inscrutable Zen master. She would herself become recognized as a Zen master-in an uncommonly brief amount of time. *Pure Heart, Enlightened Mind* is Maura's beautifully-written account of her journey. These journal entries and letters home reveal astonishing, wise-beyond-her-years humor, compassion, wisdom, and commitment.

This expanded edition includes never-before-seen entries and poems, the author's unfinished novel, and an afterword that discusses the book's cultural impact. It will be a must-have for Maura's previous fans--and will surely find her thousands of new ones.

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