



The Chocolate Diaries: Secrets for a Sweeter Journey on the Rocky Road of Life

Karen Linamen

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The Chocolate Diaries: Secrets for a Sweeter Journey on the Rocky Road of Life Karen Linamen **Ready to Make Some Sweet Changes?**

Karen Linamen dishes up a satisfying blend of moxie and mocha, sharing stories from dozens of women who reveal savvy strategies for embracing a sweeter life—even while traveling rocky roads. If you're hungry for more joy, reasons to laugh again, ideas to help you heal, and reliable hope leading to a sweeter future, this journey will leave you satisfied.

Funny, transparent, and uplifting, *The Chocolate Diaries* is like taking a road trip with good friends who are wise about life. And while you're at it, indulge (just a little) in the quirky recipes for concocting chocolate delights out of whatever ingredients you can round up in your kitch. The road may still be bumpy, but you'll be having too much fun to care.

From the Trade Paperback edition.

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