



# The Improvisation Book (Nick Hern Books)

*John Abbott*

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**The Improvisation Book (Nick Hern Books)** John Abbott

A practical guide to conducting improvisation sessions, for teachers, directors and workshop leaders.

*The Improvisation Book* takes you step-by-step, session-by-session through a graded series of improvisation exercises. Starting with the very first class, it adds a new element at each stage until even the most inhibited students have gained a full vocabulary of improvisational techniques.

'a veritable treasure trove... Abbott's book is of real value in the training of actors; I'm enthused and excited about putting it into practice' - *ReviewsGate.com*

'distils a lifetime of experience and is set out logically and practically so that would-be actors can build skills from the very simple to the remarkably complex' - *British Theatre Guide*

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