



# **Waist Trimming Skinny Recipes: Fabulous Dishes to Help Cut That Stubborn Belly Fat: The Essential Kitchen Series, Book 134**

*Heather Hope*

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Get ready to cook a mouthwatering assortment of delicious, light-calorie recipes. Yes, that's right. The Essential Kitchen Series delivers a wonderful collection of unique recipes in one quick purchase. You'll get an assortment of light-calorie recipes that are light on calories and big on taste, which can easily be made at home. Enjoy a host of recipes that will simplify meal planning, save you time, and help you enjoy something delicious.

Light-calorie recipes have never been so easy to prepare

This cookbook is packed with so much fun and flavor that you'll be amazed at what you can create. Just take a look at some of the vibrant recipes we've included:

- Mango & Cabbage Slaw
- Steak Skewer
- Tuna Salad Wraps

There is literally no way to go wrong with these wonderful recipes.

An incredible assortment of fantastic light-calorie dishes.

There really is no better way to prepare a nutritious light calorie recipe than as described in the minutes of this masterful recipe collection. Inside this unusually simple guide, you'll learn how to make the most of your time, utilizing fresh ingredients, sensational spices, and robust flavors.

If you've ever wanted to step outside the norm and try something different, this is the recipe collection intended for you. Where else will you learn to make so many different light-calorie dishes in a single download? Bring a new blend of unique flavors into your kitchen, and make some delicious light-calorie recipes today!

You'll have absolutely no regrets but will be thrilled with the way these recipes taste and how much time they'll save you in the kitchen.

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