



# Rick Stein's Far Eastern Odyssey

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## **Rick Stein's Far Eastern Odyssey** Rick Stein

*Rick Stein's Far Eastern Odyssey* is an ambitious journey, avoiding the beaten track and tourist hot-spots, in search of the authentic food of Southeast Asia. In this accompanying book to the major BBC series, Rick shares his favourite recipes and some well-known classic dishes inspired by the fragrant ingredients and recipes he sampled from local chefs, family-run restaurants, street vendors and market stalls.

In Cambodia, Rick learns how to make a national dish *Samlor kako*, a stir-fried pork and vegetable soup flavoured with an array of spices; in Vietnam he is shown the best recipe for *Pho Bo*, a Vietnamese beef noodle soup; and in Thailand, Rick tries *Geng Leuong Sai Gung Lai Sai Bua*, a yellow curry made with prawns and lotus shoots that you won't find outside the country.

*Rick Stein's Far Eastern Odyssey* includes over 150 new recipes from Cambodia, Vietnam, Thailand, Bangladesh, Sri Lanka, Malaysia and Bali each complemented by Rick's colourful anecdotes from the trip and beautiful on-location photography. This is a visually-stunning culinary tribute to Southeast Asian cooking that evokes the magic of bustling markets, the sizzle of oil and the aromatic steam from a Far Eastern kitchen.

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