



# The Eldercare Sourcebook

*Joan Breitung*

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## **The Eldercare Sourcebook** Joan Breitung

Millions of people are faced with the difficult task of caring for their elderly parents. This empathic guide provides you with practical advice on how to best plan for long-term care--at home or in a structured facility. *The Eldercare Sourcebook* presents a wealth of information on concerns of elderly people, from nutrition to physical and mental health to sexuality to pharmaceuticals to bereavement and more. A comprehensive overview of the demographics of the aging population is also featured, along with actual case histories.

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