



Attitudes of Gratitude in Love: Creating More Joy in Your Relationship (Attitudes of Gratitude Series)

M. J. Ryan

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"We can have happier and more joy-filled relationships if we focus on what's right about them rather than what's wrong," writes M. J. Ryan in *Attitudes of Gratitude in Love*, the follow-up to her bestselling *Attitudes of Gratitude*. In her characteristically down-to-earth style, Ryan helps readers use the practice of gratitude to get back in touch with why they fell in love in the first place and deepen the love between partners, no matter how long they've been together. The book is divided into two sections -- the attitudes of gratitude that bring our personal lives more joy, peace, and love, and the simple behaviors we can begin to practice to change any relationship for the better, right this moment.

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