



Karen Martini Cooking at Home

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If this collection of recipes does nothing else, I would like to think it encourages people—family, friends, households—to share at least one meal together, two or three times a week.

Since having her first child, Karen Martini has spent a lot more time contemplating the eternal question of what to have for dinner. No longer able to pop out to a restaurant at a moment's notice or to the shops to pick up a basketful of exotic ingredients, Karen has created a repertoire of dishes that can be put together quickly and simply, but with great effect. Karen loves cooking traditional food—be it Mediterranean, Middle Eastern, or comforting English baking—but adds something extra to make it look and taste special: kibbeh, normally made with lamb, is a revelation when ocean trout is used instead; a dollop of smoky eggplant completely transforms a piece of chargrilled tuna; and a classic cheesecake becomes an elegant dessert when paired with a spoonful of wine-soaked berries. Based on Karen's phenomenally popular column in *Sunday Life* magazine, this collection of 150 recipes, beautifully photographed by Earl Carter, offers the inspiration needed to turn the evening meal into a special occasion, every night of the week.

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