



# **Acceptance and Commitment Therapy for Chronic Pain**

JoAnne Dahl, Carmen Luciano, Kelly G. Wilson

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Professionals who work with patients and clients struggling with chronic pain will benefit from this valuesbased behavior change program for managing the effects of pain. Acceptance and Commitment Therapy for Chronic Pain addresses case formulation and clinical techniques for working with pain patients through a combination of practical instruction and a treatment scenario narrative that follows a patient through an ACT-based intervention. An invaluable resource for rehabilitation specialists, psychologists, physicians, nurses, and others.



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