



Vegetarians and Vegans in America Today (American Subcultures)

Karen Iacobbo, Michael Iacobbo

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Vegetarianism is not a diet trend, or the flavor of the month. Instead, it is a philosophy and practice with roots in antiquity. Vegetarianism has existed for centuries in much of the world as a social movement and subculture. In the United States, this subculture has existed for more than 200 years. In this book, the Iacobbos bring this thriving subculture to life. By examining its businesses, organizations, events, scholarship, and influence on the arts, and by interviewing dozens of vegetarians and vegans, the authors reveal a subculture whose members hold a variety of perspectives on everything from animal rights to advocacy, politics, and religion.

Building upon their previous book, a history of vegetarianism, the Iacobbos delve into its current incarnations. They include information on the food industry, health studies on the benefits of vegetarians and vegan ways of eating, the popularity of vegetarianism, and the backlash against it. They highlight the work of vegetarian advocates and provide a glimpse of the stores, magazines, restaurants, and organizations that bring this subculture together. Finally, they include projections for the future from vegetarians, environmentalists, lawyers, nutritionists, economists, and experts in animal rights.



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Walter Miller:

Playing with family in the park, coming to see the sea world or hanging out with good friends is thing that usually you may have done when you have spare time, then why you don't try thing that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love Vegetarians and Vegans in America Today (American Subcultures), it is possible to enjoy both. It is very good combination right, you still need to miss it? What kind of hangout type is it? Oh seriously its mind hangout guys. What? Still don't obtain it, oh come on its identified as reading friends.

Daniel Kirk:

Reading a book to get new life style in this season; every people loves to study a book. When you read a book you can get a lot of benefit. When you read guides, you can improve your knowledge, mainly because book has a lot of information onto it. The information that you will get depend on what forms of book that you have read. If you would like get information about your research, you can read education books, but if you act like you want to entertain yourself you are able to a fiction books, this kind of us novel, comics, and soon. The Vegetarians and Vegans in America Today (American Subcultures) provide you with a new experience in reading through a book.

Sheila Dickerson:

In this age globalization it is important to someone to receive information. The information will make you to definitely understand the condition of the world. The healthiness of the world makes the information easier to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You will see that now, a lot of publisher that will print many kinds of book. The particular book that recommended to your account is Vegetarians and Vegans in America Today (American Subcultures) this e-book consist a lot of the information from the condition of this world now. This kind of book was represented just how can the world has grown up. The language styles that writer make usage of to explain it is easy to understand. The writer made some exploration when he makes this book. This is why this book ideal all of you.

Mildred Timm:

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