



Postmenopausal Osteoporosis: Basic and Clinical Concepts

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Postmenopausal osteoporosis falls in the preview of the gynecologists, rheumatologists, endocrinologists, family physicians, orthopedicians, surgeons, pediatricians, physiotherapists, nutritionists and dentists too. Osteoporosis is the most common bone disorder affecting humans. It is a skeletal disorder characterized by compromised bone strength, predisposing a person to an increased risk of fracture. The outcomes in morbidity and mortality can be devastating. Galaxy of distinguished contributors from India and different parts of the globe contributed according to their expertise in this field. Begins with an overview of the osteoporosis, the following chapters discusses pathogenesis, epidemiology, genetic factors, investigation, evaluation for postmenopausal and surgical ways of management of osteoporosis both old and new. It includes understanding of the effect of menopause and aging on bone health along with guiding on how to identify risk factors that contribute to fracture risk. Covers non-pharmacologic and lifestyle approaches to prevent bone loss and fractures. This book detailed understanding of the effects of various therapeutic agents on preventing osteoporotic fracture; comprehending their effects on bone density and turnover. It helps in understanding the clinical effects of discontinuing different antiresorptive and anabolic therapies.

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