



# Sunshine

*Minakshi Chaudhry*

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**Sunshine** Minakshi Chaudhry

What would your reaction be if you came to know that you have cancer?

Rather than hiding in the darkness and considering her fate sealed, Minakshi Chaudhry decides to face her fears and undergo the extensive therapies needed to fight her breast cancer. Aided by an extremely supportive husband, Rakesh, and numerous concerned family members and friends, she eventually overcomes the many obstacles thrown her way and also gains a new approach to life. With a renewed urge to live; tasks and daily health goals become the 'firsts' of a new life.

A deeply personal account of her struggle, the author captures the intense experience of her journey to recovery through numerous diary entries and other notes. The resulting story is an elaboration of the mental and physical fight to conquer a near-fatal disease, from an emotionally descriptive viewpoint that invites the reader to witness the darkest moments and yet emerge hopeful. The author crawls back from the abyss into a brighter world filled with sunshine.

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