



Sustaining Social Work: Between Power and Powerlessness

Robbie Duschinsky, Sue Lampitt, Susan Bell

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Social work is a profession under strain, and practitioners report finding the role increasingly challenging. What can sustain social work in these times? How can social workers sustain themselves in the role? How can they derive confidence and meaning from what they do?

In addressing these questions, *Sustaining Social Work* is a source of understanding and support for professionals struggling with the tensions of practice. Accessible and engaging, it explores the fallout that results from social workers experiencing these tensions, including feelings of powerlessness, responsibility, optimism and cynicism. Drawing on ideas from social theory and the social sciences, it puts forward a model of sustainable social work that will help practitioners not just cope but flourish – even in the context of ongoing crises.

An enlightening, uplifting read in a difficult and uncertain time for the profession, *Sustaining Social Work* addresses the challenge of finding sustenance and consolation within day-to-day practice, enriching it beyond the short-term.

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