



Key Ideas in Psychology

Ian Stuart-Hamilton

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This accessible book has a simple aim - to tell people what psychology is about. It presents a review of the key areas of the subject as it is traditionally taught, and provides the reader with an introduction to important concepts and findings within each of these. Armed with the information in this book, the reader should be able at least to make sense of most psychological topics. At the end of each chapter is a set of suggested further readings which will enable a more detailed exploration of the particular topic under discussion to be made.

The book will be of interest to two groups of readers. The first comprises people who are new to the subject and simply want to know what psychology is. The second consists of those who want a general guide to an area but who wish to make up their minds on the details for themselves. Hence the basic information and arguments are explained, but details are not elaborated.



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