

The Medical Marijuana Dispensary: Understanding, Medicating, and Cooking with Cannabis

Laurie Wolf, Mary Wolf

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Award-winning owners of the cannabis company Laurie & MaryJane bring their expertise to this reliable, at-your-fingertips resource for understanding the therapeutic effects of marijuana.

Featuring a Foreword by Paul Armentano, Deputy Director of NORML

Part reference, part cannabis cookbook, *The Medical Marijuana Dispensary* provides up-to-date, evidence-based information and research supported by medical professionals, established experts, and members of the medical marijuana community.

Authors Laurie and Mary expertly guide beginners through the three easy-to-navigate sections of this primer for new patients. In Parts One and Two, they offer an in-depth overview of the history of medical marijuana and profiles of common cannabis strains (sativa, indica, hybrid).

In Part Three, you'll explore a range of easy-to-prepare edibles and effective remedies—from savory dishes to sweet treats to soothing tinctures and oils—with dosages that can easily be altered to suit your health needs.

Packed with useful cannabis resources, including an in-depth glossary, medical cannabis guidelines, a well-organized index listing ailments, symptoms and conditions, real-world patient testimonials, and tips for cultivating cannabis at home, *The Medical Marijuana Dispensary* is your accessible and informed guide to the world of medical marijuana.



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