



Cómo piensan los hombres: Una guía para entender la mente masculina (Spanish Edition)

Shawn T. Smith

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Los hombres son de la Tierra.

Las mujeres son de la Tierra.

Simplemente acéptalo.

George Carlin, comediante

Que ambos sexos sean del planeta Tierra no quiere decir que sean iguales. Si lo que buscas es un manual de usuario para la mente masculina, este libro es para ti.

No eres tú la que tiene que cambiar, tampoco él. Simplemente piensan de forma diferente. Deja de romperte la cabeza tratando de entender a tu hombre: con esta guía práctica y llena de humor, podrás entender de manera sencilla cómo funciona la mente masculina.

Shawn T. Smith, psicoterapeuta experto en relaciones de pareja, te muestra cómo trabajar de la mano con el amor de tu vida para construir una relación basada en la comunicación y en el respeto mutuo entendiendo las diferentes formas de ver el mundo de hombres y mujeres.

En la línea de títulos como Los hombres son de Marte, las mujeres de Venus, este manual te enseña cómo evitar que él se ponga a la defensiva, te falte al respeto o ignore tus necesidades: si aceptas las características típicamente masculinas e innatas de tu pareja, lograrás la relación que siempre has buscado: una relación llena de amor, entendimiento y armonía.

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