

Freezer Meals: 20 Healthy Crockpot Freezer
Meals In 2 Hours: (Freezer Recipes, 365 Days of
Quick & Easy, Make Ahead, Freezer Meals)
(freezer crockpot ... cookbook for two, dump
dinners cookbook)

Adrienne Morris

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In this busy world that we live in, it is hard to find time to do the extra things, and even getting the normal day to day things done can be a challenge for many. Dinner happens to be one of those things.

As many of us would like to be able to toss dinner on the table in a matter of minutes, it is hard to do. With work, errands, household chores, and every other things that manages to come up in a day, it is remarkable we are able to get anything done at all.

Thank goodness for crockpots. These handy little things have been saving time and effort for years, and there are countless ways that you can use them, making it so easy to make them a part of your day, and free up the busier times of day later on.

If you are able to put dinner in the crockpot in the middle of the afternoon when you don't have anything going on, you are going to be miles ahead later on in the day when you are swamped with things to do.

Imagine how nice it would be to just be able to come home to a dinner that you were able to make in the middle of the afternoon, and have it sit there, already waiting for you when you enter the busiest time of your day.

That is what this book is about. Offering 20 different crockpot recipes that will fit any budget, any schedule, and any kind of eater. These meals are:

- Healthy
- Easy
- Tasty
- Budget friendly
- Exciting
- And perfect for any occasion

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