

# Journey to Freedom Leader's Guide: A Bible Study on Identity for Teen Girls (Engage Bible Studies for Teen Girls) (Volume 1)

Elisa A Pulliam



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Our identity can either cause us to curl up in a corner, feeling worthless and rejected, or call us to step out in bold, courageous faith to do "that thing" we long to accomplish. While "that thing" shouldn't define us, neither should fear or insecurity. We need to find our identity — how we define ourselves — in what God has to say about us. When we understand His truth, we can make decisions that enable us to accomplish "that thing" with a godly purpose. Maybe God's plans include a wildly magnificent rescue, where He swoops in, catches us in the palm of His hands, and transports us to an entirely new place. He fills our lives with amazing opportunities — ones that we would have missed if the course had stayed the same. Together, we're going to look at what we believe about ourselves in light of Biblical truth! We're going to consider what God says about who we are and how we're impacted by what others have to say about us. And we're going to discover how we can live in the freedom found when we embrace our identity in Christ. That's the journey to freedom, perfectly put together for teenage girls to embark upon with their moms, mentors, or youth leaders! With four short chapters filled with relevant stories and thought-provoking questions, girls will discover they are not alone in their struggles and fears. The companion leader guide is packed with additional questions, activity ideas, and links to online resources, making this a totally simple Bible study for teen girls and young women that can be led by any woman passionate about impacting the next generation.

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