



# Growth: Training vs. Trying (Pursuing Spiritual Transformation)

*John Ortberg, Laurie Pederson, Judson Poling*

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What would your life be like if Jesus lived it? Imagine the change you would experience in your thoughts, actions, and relationships. Think of the joy and freedom that could transform every area of your life.

That's exactly what God has in mind for you! You'll find out how in Growth. Through personal study and small group interaction, this study sets you on a path to live out the character of Jesus in this world as only you can. It happens not by trying hard, but by training. By cultivating spiritual disciplines--Scripture meditation, prayer, solitude, endurance, loving others--you'll discover the joy of being transformed by Christ and the freedom of living each day sustained by his power.

Leader's guide included!

Growth group sessions are:

Training to Live Like Jesus

The Practice of Scripture Meditation

The Practice of Solitude

Simple Prayer

Three Transforming Prayers

The Roundabout Way

And the Greatest of These Is Love

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Spent a free the perfect time to be fun activity to do! A lot of people spent their sparetime with their family, or their friends. Usually they carrying out activity like watching television, about to beach, or picnic inside park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your own free time/ holiday? Could possibly be reading a book may be option to fill your free time/ holiday. The first thing you ask may be what kinds of guide that you should read. If you want to try look for book, may be the book untitled Growth: Training vs. Trying (Pursuing Spiritual Transformation) can be fine book to read. May be it may be best activity to you.

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People live in this new moment of lifestyle always aim to and must have the free time or they will get great deal of stress from both day to day life and work. So , whenever we ask do people have spare time, we will say absolutely without a doubt. People is human not really a robot. Then we request again, what kind of activity are there when the spare time coming to you actually of course your answer will certainly unlimited right. Then do you ever try this one, reading publications. It can be your alternative with spending your spare

time, the actual book you have read is definitely Growth: Training vs. Trying (Pursuing Spiritual Transformation).

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