



The International Breakfast Book: Greet the Day With 100 Recipes from Around the World

Martha Hollis

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The most important meal of the day deserves something more interesting than a piece of toast and a cup of coffee. The International Breakfast Book revolutionizes the morning meal ritual by exploring breakfast menus and eating styles from Europe, Africa, Asia, Australia, and the Americas. There is no limit to the variety and bounty of the dishes with which to greet the day. The Japanese eat miso soup with fish, seaweed, and rice; Italians snack on freshly baked pizzas; and Mexicans enjoy Chicken Chilaquilies. On the other hand, American pancakes are considered a dessert in the Netherlands and Hungary. The chapters are conveniently sorted by ingredients, and there are anecdotes that describe breakfast traditions and dining adventures around the world.

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