



# **Jeneration X: One Reluctant Adult's Attempt to Unarrest Her Arrested Development; Or, Why It's Never Too Late for Her Dumb Ass to Learn Why Froot Loops Are Not for Dinner**

*Jen Lancaster*

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In *Such a Pretty Fat*, Jen Lancaster learned how to come to terms with her body. In *My Fair Lazy*, she expanded her mind. Now the *New York Times* bestselling author gives herself—and her generation—a kick in the X, by facing her greatest challenge to date: acting her age.

Jen is finally ready to put away childish things (except her Barbie Styling Head, of course) and embrace the investment-making, mortgage-carrying, life-insurance-having adult she's become. From getting a mammogram to volunteering at a halfway house, she tackles the grown-up activities she's resisted for years, and with each rite of passage she completes, she'll uncover a valuable—and probably humiliating—life lesson that will ease her path to full-fledged, if reluctant, adulthood.



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